

POLICY ON ILLNESS

To keep the spread of communicable diseases down in our center, we ask that you evaluate your child's health **prior** to sending them to preschool in the morning.

Please keep your child home if he or she has any of the following symptoms:

Sore throat	Cough
Earache	Shortness of breath
Fever—above 100.4°	Continuous sneezing and/or runny nose
"Green" mucous nose/eyes	Chills
Nausea/vomiting/diarrhea	Congestion
Undiagnosed Rash	Head or muscle aches



OR if your child is not able to fully participate in all activities at the preschool. Activities include outdoor play, sandbox, water tables, painting, etc... If you feel your child is not up to any or all of these activities, then it becomes your responsibility to keep your child at home.

The staff will call you if your child becomes ill or is unable to fully participate in the preschool's daily activities. Your child will need to be taken home as quickly as possible. We allow a one-hour leeway for parents working outside of the Santa Ynez Valley. Please be sure that a parent, guardian, friend or relative is available at all times to pick your child up from preschool.

If your child is sent home from preschool with any of the above listed conditions, then he or she will not be permitted to attend preschool for 24 hours after the symptoms have subsided--without the use of medication. Ex: A child is sent home with a fever on Monday, then he or she may not return for a minimum of 24 hours after their last fever without fever reducing medication. The earliest the child may return is Wednesday.

Children who are seen by a physician and given medication can return to school a minimum of 24 hours after the first dose of medication is given, **unless** the physician has imposed a longer stay at home. In some instances, a note from your child's physician may be required in order for your child to return to preschool. Please remember to keep the preschool informed of any contagious illnesses that your child may be experiencing—this allows us to inform other preschool families and to keep the spread of illness to a minimum. Zaca Center Preschool reserves the right to exclude children as they see fit or deem as necessary--note that in some instances our return times may be longer than what your doctor may prescribe.

If your child suffers from a chronic illness—please be sure to get documentation from your child's physician noting the specifics of the illness so that all staff are aware and can be supportive of your child's needs.

Please remind your child to cough/sneeze into their elbow rather than their hands. And help them to use a tissue to blow and wipe their nose and to wash their hands after doing so. This is a great step in helping to keep the spread of illnesses down in the preschool.

We appreciate all of our preschool staff and families following the above listed guidance as we must all do our part to slow the spread of illness in the preschool setting.

Please sign and date below confirming that you have read and understand the above illness policy.

Signature: _____ Date: _____

