Caterpillar and Ladybug Daily Schedule





Time	Place	Activity
7:30-8:30	Large Classroom	Student choice of self-directed activities
		(Children wash hands with parents upon arrival)
8:30-9:00	Large Classroom	Morning Meeting—Music/movement, social and
		emotional learning (Teaching Pyramid), daily
		check-in
9:00-10:00	Outdoors/Snack	Outdoors—playground set-up, free choice on the playground
		Snack—children can eat snack anytime within
		the 9:00-10:00 am hour (prior to snack the
		children wash their hands).
10:00-11:00	Outdoors	Indoor—Outdoor Flow—Teacher directed
		activities and student choice of self-directed
		activities
:00- :30	Outdoors	Closing Group Closing group consists of: music,
		movement, rhythm sticks, stories, songs,
		organized games, sharing, conversation,
ll:30-l2noon	Outdoors	Lunch (prior to lunch children wash their hands).
12noon-12:20	Outdoors	Gross Motor Activities—Teacher directed gross
		motor activities/games.
12:20-12:30	Indoor/Outdoors	Getting ready for nap: Using the bathroom,
		washing hands, taking off shoes, getting out
		cots/mats/blankets
12:30-2:00	Large Classroom	Nap/Story time—Teachers read stories, turn on
(at 1:30—children		quiet music and sit with the children while they
not sleeping will		rest.
play outdoors)		
2:00-2:30	Large Classroom/Outdoors	Wake up Time: Children put away their mats,
		blankets and belongings, put on their shoes and
		use the bathroom and wash hands. Children
		have free choice of self-directed classroom
		activities or outdoor free choice
2:30-3:30	Outdoors/Snack	Outdoors—free choice on the playground
		Snack—children can eat snack anytime within
		the 2:30-3:30 pm hour (prior to snack the
		children wash their hands).
3:30-4:30	Outdoors	Indoor/Outdoor flow Teacher directed activities
		and student choice of self-directed activities
4:30-5:00	Large Classroom	Table activities: Playdough, art table,
		manipulatives, puzzles, writing center, board
		games

